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dispensing tray having a matrix of tray apertures each sized to receive a pipette tip therein, said apertures each being shaped and sized to receive a pipette tip to extend a spacing distance away from said card, said receiving card having a length and a width and said receiving card having two opposite card edges extending along said length of said receiving card in substantial alignment;

a transfer member for engaging and maintaining in a stable position relative to said receiving card each pipette tip positioned in said matrix of plate apertures, said transfer member being a plate with an undersurface having a plurality of extensions extending from said undersurface, each of which extensions is positioned and sized to extend into and stably engage selected pipette tips positioned in said matrix of plate apertures, said plate having a length and a width and said plate having two opposite plate edges extending along said length of said plate in substantial alignment with each other and positioned relative to the card edges to be engagable with the card edges by the thumb and a finger of a user to retain the receiving card and the plate in alignment while transferring said receiving card with pipette tips from a first location to said dispensing tray.

3. The system of claim 2 wherein said receiving card and said plate have substantially the same length and width.

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4. The system of claim 3 wherein said spacing distance is less than distance from the first joint of the user's thumb and the tip of the user's thumb.

5. The system of claim 4 wherein said plate has an upper surface configured for contact by a user's finger to urge said plate toward said receiving card while engaging the card edges and the plate edges with the thumb and a finger of the user.

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6. The system of claim 5 wherein said receiving card and said plate are substantially rectangular in shape.